



# NEWS RELEASE

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FOR IMMEDIATE RELEASE

## City Of Las Vegas August Senior Events

*Las Vegas Residents Invited To Celebrations, Luncheons & Activities At City Centers*

The city of Las Vegas active adult and senior centers offer exercise, fitness, craft, arts, dance, music and computer classes; cards; games; discussion and social groups; luncheons; sports; and special events Monday through Friday to residents age 50 and better. Many of these activities contribute to wellness and a healthy lifestyle. A listing of classes and activities is published in the Beyond the Neon Leisure Guide, available in the centers and online at [www.lasvegasnevada.gov/Find/recreation.htm](http://www.lasvegasnevada.gov/Find/recreation.htm). All activities are subject to change. **Most activities require \$2 annual membership to city of Las Vegas Senior Citizen Programs, available at all senior and active adult centers.**

### **Bananas Over Bunco (ages 50+)**

Wednesday, Aug. 1, 10 a.m. Registration opens July 23. Advance registration required.

Cost: \$5.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Cool off with banana splits while playing Bunco.

### **National Picnic Month Brunch (ages 50+)**

Thursday, Aug. 2, 10 to 11:30 a.m.

Cost: \$3. Advance registration required. Call 229-1515 to register.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave. (702) 229-1515.

Enjoy tasty picnic delights at this indoor brunch!

### **Friendship Day 2-for-1 – Hoagie Meal Deal Only (ages 50+)**

Tuesday, Aug. 7, 11 a.m.

Cost: \$3 for 2 meals.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Enjoy lunch with your favorite person. On this special day, you are able to share with someone and only pay one price. Please register by Aug. 2. Call 229-6125 to register.

### **Free Book Lover's Day (ages 50+)**

Thursday, Aug. 9, 8 a.m. to 5 p.m.

Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Bookworms can donate books to Lieburn Senior Center and get some "dirt" to enjoy!

### **Left-Handers' Luncheon and Karaoke Party (ages 50+)**

Thursday, Aug. 9, 11:30 a.m.

Cost: \$5. Advance registration required. Call 229-6454 to register.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Lunch will be served to you backward on this day, as left-handers are celebrated. Start with a delicious dessert and work your way toward a lovely salad and rolls! After lunch, show your star power and sing some karaoke!

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**National Peach Month Luncheon** (ages 50+)

Wednesday, Aug. 15, 11:30 a.m. to 1:30 p.m.

Cost: \$5.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave. (702) 229-1515.

See how many ways you can use the peach to create your meal. Be prepared for some unexpected twists! Advance registration required. Call 229-1515 to register.

**It's An Indoor Picnic** (ages 50+)

Friday, Aug. 17, 11:30 a.m.

Cost: \$5.

Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Build your own sub sandwich to enjoy with chips, salad, fruit and dessert. Advance reservation required. Call 229-1600 to register.

**Free National Senior Citizen Day Celebration** (ages 50+)

Tuesday, Aug. 21, 10 a.m. to 1 p.m.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Learn about the many resources available to you as a senior while enjoying free refreshments, entertainment and more.

**Free Medicare Overview Workshop** (ages 50+)

Tuesday, Aug. 21, 10 a.m.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Newly eligible for Medicare or have questions concerning your current benefits? This workshop is for you!

**Senior Citizen's Day Social** (ages 50+)

Tuesday, Aug. 21, 1 to 2:30 p.m.

Cost: \$2. Advance registration required. Call 229-1515 to register.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave. (702) 229-1515.

Enjoy light refreshments and a few fun games!

**Pancake Breakfast** (ages 50+)

Thursday, Aug. 23, 8:30 to 9:30 a.m.

Cost: \$3. Advance registration requested. Call 229-6454 to register.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Come and get it! Hot pancakes, bacon and eggs!

**Culinarian's Club** (ages 50+)

Thursday, Aug. 30, 10:30 a.m. to 12:30 p.m.

Cost: \$5. Advance registration required. Call 229-1515 to register.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave. (702) 229-1515.

Try a new recipe each month with the Culinarian's Club, a demonstration cooking class for seniors. Make a variety of marshmallow flavors this month.

**Hawaiian Luau** (ages 50+)

Thursday, Aug. 30, 11:30 a.m.

Cost: \$4 per person. Advance registration required by Aug. 27.

Doolittle Senior Center, 1930 N. J St., (702) 229-6125.

Join us as we wear our different Hawaiian styles and enjoy Hawaiian foods, music and dance.

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